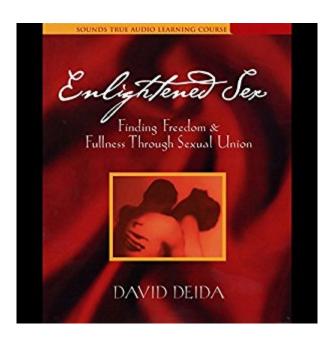
## The book was found

# **Enlightened Sex**





### **Synopsis**

Deep sex, says David Deida, can lead us to a profound love, bliss, a passionate and divine surrender in every cell, the state of enlightenment. With Enlightened Sex, listeners will learn how to open to love and see the light, literally, through the skillful dance of masculine-feminine ravishment. In this groundbreaking 12-session course, listeners will explore: How to choose and sustain the right partner for deepening the spiritual practice of sexHow to arouse unbearable pleasure to heal past wounds and melt open beyond selfMastering the erotics of subtle sexual anatomy, breath, and touchEasing beyond fear into ecstatic surrenderMaking love with the gross, subtle, and causal bodies, and much more.

#### **Book Information**

**Audible Audio Edition** 

Listening Length: 7 hours and 28 minutes

Program Type: Audiobook

Version: Original recording

Publisher: Sounds True

Audible.com Release Date: May 30, 2007

Language: English

ASIN: B000R7I20Q

Best Sellers Rank: #10 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality #81

in Books > Health, Fitness & Dieting > Sexual Health > General #170 in Books > Self-Help >

Sex

#### **Customer Reviews**

I have been to a weekend seminar with David Deida. His work is about a whole lot more than just genital coupling. It's about what makes us men and women, and how we come together on many different and profound levels. His take on gender roles, what comprises both the masculine and the feminine essence in each of us regardless of whatever gender you happen to be, is revolutionary and simply liberating. His work is controversial for this reason, not because he discusses s-e-x. I mean, there's no lack of frank sex talk out there. But what Deida believes about gender roles may come as a surprise. For Deida, discussion of technique is always set in the larger context of what coming together means for the enlightenment of souls. Likewise, his discussion of stage 1, stage 2, and stage 3 relationships creates a whole new framework for viewing the value and purpose of relationships, wherein we serve love itself, even more than we serve a lover. His challenging,

provocative work elevated my consciousness. I will never forget that seminar. With these CD's, the listener can experience a large part of what Deida presented that weekend and the core of his teaching. His work is challenging, but it is not difficult to assimilate. He gives step by step, very easy to follow instructions for exercises to make lovemaking the literal embodiment of his principles. The exercises can be done with a partner or by yourself. Even if you have no interest in performing the exercises, Deida's vision of sexuality is breathtaking to contemplate. He gave me an entirely different approach to even the most casual day-to-day interactions with strangers, as well as an alternative sense of my own body, how I carry myself, how I sit, how I breath.

#### Download to continue reading...

Sex Pictures: Sex Positions: How to Improve Your Sex Life with Creative Sex Positions and Techniques! (Sex Positions, Sex Pictures, Sex, Kama Sutra) Erotic Adult Sex Picture Book 5 (Uncensored Hot Sex Pics of Sexy & Horny Girls, 300+ College Sex Photos): full nudity adult sex. Sweet Tits.: Photography ... of Full Nudity Adult Sex Pics Series) Uncensored Sex Pictures: Sex Photos of College Girls & College Sex Pictures (Full nudity sex entertainment pictures book for adults only 2) Enlightened Sex Big Boobs Sex! Adult Sex Pictures (Photo Book 2 of 250 hot erotic nude pics = UNCENSORED full nudity) of a hot naked MILF woman with big tits and sexy ... Collection Album Series of Sex Pics) Full Nudity Uncensored Sex Pictures of Horny Girls with small tits & hot pussy. Full nudity private striptease pics: Uncensored adult sex photo book of ... models). (Jubilee Sex Pictures Books 2) Big Boobs Sex! Adult Sex Pictures (photo book 2 of 50 hot erotic nude pics = UNCENSORED full nudity) of a hot naked woman with big tits and sexy butts: ... album series with Beautiful Sex Pictures) Big Boobs Sex! Adult Sex Pictures (Photo Book 7 of 300+ hot erotic nude pics = UNCENSORED full nudity) of hot naked MILF women with big tits and sexy ass: ... Collection Album Series of Sex Pics) Big Boobs Sex! Adult Sex Pictures (photo book 1 of 50 hot erotic nude pics = UNCENSORED full nudity) of a hot naked woman with big tits and sexy butts: ... album series with Beautiful Sex Pictures) Uncensored Adult Sex Pictures (300 pics, Photo Book 2) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Big Boobs!: Photography of Amateur ... Adult Sex Pictures Collection Series) Uncensored Adult Sex Pictures - Photo Book 3 -Hot Erotic Photography of Sexy Girls and Women with not so Big Boobs: Adult Sex Pictures Vol. 3 (Wayne's ... Collection Album Series of Sex Pics) Big Boobs Sex! Adult Sex Pictures (Photo Book 9 of 600 hot erotic nude pics = UNCENSORED full nudity) of hot naked MILF women with big tits and sexy ass: ... Collection Album Series of Sex Pics) Uncensored Adult Sex Pictures (300 pics, Photo Book 6) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Sweet Tits!: Photography of ... Adult Sex Pictures Collection Series) Uncensored Adult Sex Pictures (300 pics,

Photo Book 1) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Big Boobs!: Photography of Amateur ... Adult Sex Pictures Collection Series) Uncensored Adult Sex Pictures (300 pics, Photo Book 3) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Small Tits!: Photography of ... Adult Sex Pictures Collection Series) How to Talk Dirty: Dirty Talk Examples, Secrets for Women and Men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: Great Sex Book, Series 1 Sex and Marriage: How to Guide for Sex and Passion and Desire for Married Couples: Discover the 10 Ways to Turn Your Sex Life From Routine to Lustful Desire Sex Photos of College Girls: Uncensored Sex Pictures & Full nudity sex entertainment pictures book for adults only (Erotic Photography 7) The Candle Cafe Cookbook: More Than 150 Enlightened Recipes from New York's Renowned Vegan Restaurant The Ultimate Horse Behavior and Training Book: Enlightened and Revolutionary Solutions for the 21st Century

**Dmca**